

# COLUMBIA SAILING MAINSHEET



**FALL 2025**

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# CAPTAIN'S LETTER

Dear Columbia Sailing Alumni, Friends, and Family,

Happy Holidays! The Lions are back to share some of our favorite moments from this season. This semester marked a truly momentous turning point for our team—the most exciting in the past decade. We did it all, from practice, to racing, to bringing back events for students and alumni. At the beginning of the season, our goal was to create a community that offered the best experience at an introductory level and the opportunity to compete at the top level in the country. We accomplished this on both fronts, and are excited to share with you the successes we've had these past few months!

First of all, we could not have done this without our coaching staff at Larchmont. This fall, we had the pleasure of working with two new assistant coaches alongside Coach Loghlen, who returned for his second year. Assistant Coach Alex Yuen, a Biomedical Engineering master's student and former captain of Columbia Sailing, rejoined us and has been instrumental in leading our Learn to Sail practices. Assistant Coach Ethan Snyder, a national-champion crew from Roger Williams University, joined later in the semester and has already made a huge impact in coaching our race team at practices and regattas. Together with Coach Loghlen, they've helped us grow as sailors and teammates, providing the best support and instruction we could ask for.

We also competed in more regattas this semester than we have since the spring of 2014, including the Women's Atlantic Coast Championships, Intercollegiate Offshore Regatta, MAISA Women's Fall Championship, and the War Memorial. I am so proud of how each sailor has dedicated time, hard work, and energy into this team to bring us to greater heights. These regattas are at the highest competitive level in the country, and these results mark a milestone for our team and set the stage for even more exciting seasons ahead.

As the next President of Columbia Sailing, I'm excited to continue pushing the program forward and building something lasting for all students to enjoy. I came to Columbia with the intention of joining the sailing team, but I never could have imagined finding my closest friends and the incredible community that has shaped my college experience. I'm grateful for the chance to pour my energy into this team over the next year, and I can't wait to see what the future holds.

Go Lions!

Sincerely,  
Elizabeth Frost  
*Captain of Columbia Sailing*



# FALL 2025 RECAP

**3RD PLACE  
WOMEN'S REGATTA AT KP INVITE**



**2ND PLACE  
NORTHEAST QUALIFIER #1**



**1ST PLACE  
COHO MEMORIAL**



**1ST PLACE  
TIGER WOMEN'S OPEN**



**4TH PLACE  
STONY BROOK FALL OPEN**



**11TH PLACE  
NY MARITIME FALL OPEN**



**15TH PLACE  
WOMEN'S ACC'S 1B**



**4TH PLACE  
COFC WOMEN'S FALL**



**10TH PLACE  
WOMEN'S ACT**



**11TH PLACE  
IOR (J109 DIVISION)**



**3RD PLACE  
LUCE TROPHY**



**18TH PLACE  
WAR MEMORIAL**



**9TH PLACE  
MAISA WOMEN'S FALL**



# ASSISTANT COACH'S LETTER

Hi Lions!

My name is Ethan Snyder, I joined Columbia Sailing as a coach halfway through the past fall season and have been enjoying coaching this crew tremendously. In May, I graduated from Roger Williams University fresh off a 3rd place at College Team Race Nationals, following the National Championship win the previous year. I grew up sailing 420's in high school at what I thought was a competitive level, until I arrived at RWU – and under world renowned coach's Amanda Callahan and Colin Merrick, I quickly realized there was far more to learn. The coaching philosophy that Amanda and Colin imparted on myself and the RWU team is that nothing is promised, and everything is earned.

During my 4-years at RWU, All-Americans and national champions were made from those who had already had championships under their belt, but more importantly, from some who had never touched a sailboat. Opportunities were not handed to those with experience, but rather to those with champion-level work ethic. In these past few months, I have witnessed a team of sailors of similarly varying backgrounds, all of whom have the potential to make this team great.

I hope to impart on these young adults that by raising the bar for themselves, they will raise the bar for their teammates, and an environment of serious progress will be fostered. Columbia has the resources and the size to be a highly successful team, and the biggest step that needs to be taken is a recognition from within the team that that success is possible.

As for a little more about me, I am also a professional musician, currently the singer and bassist of indie-rock band Visual Cliff, and an avid surfer. I am also splitting my time between Columbia Sailing and a Venture Capital firm that focuses on early-stage ophthalmology tech. I am a born and raised New Yorker, and the son of a Lion alumni!

I look forward to continuing my involvement in this program, and I have already felt so welcomed by the Columbia Sailing community.

Happy holidays,  
Ethan Snyder



# HAMILTON BURR

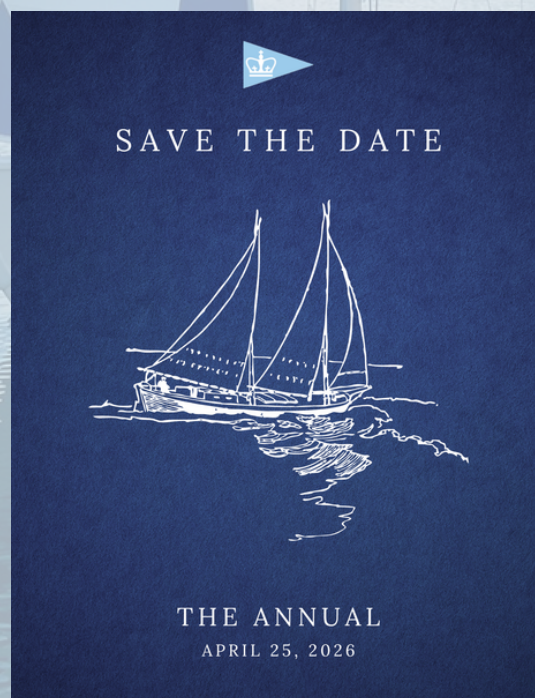
Columbia Sailing was so excited to restart the tradition of hosting the Hamilton-Burr Regatta with Princeton Sailing! While it has not been held for a few years due to COVID and succeeding disruptions, we are looking forward to again cementing this as an annual event with support from both organizations. The regatta is an opportunity for the two teams and their alumni to mingle, share their mutual love of sailing, and most importantly, race for bragging rights! This year, Columbia Sailing hosted Princeton at our home base of Larchmont Yacht Club, on a beautiful (albeit windy) November day. While we were in on-land postponement until the early afternoon, the gusts ebbed enough by 2:30 pm for us to begin racing. Our race committee and mark set boat worked quickly to get 7 races off, providing fast-paced competition with plenty of fun had by all. After the sailors got off the water, we held a small awards ceremony, followed by pizza and beverages to celebrate a successful regatta. While the Tigers won this time, we are eagerly awaiting next year, when the Lions will show everyone who really is the king of the concrete jungle! In any case, both teams are extremely grateful for the help we have received from Larchmont Yacht Club, whose Ideal 18s, safety boats, and staff were made available to us to run this event on an otherwise very busy day. We are also grateful to all of the alumni and parents who showed up; we hope that they thoroughly enjoyed their experience and can't wait for next year!



# ALUMNI MIXER



# THE ANNUAL



# SAILOR SPOTLIGHT

## STELLA MANYAN



### *Why did you join Columbia Sailing?*

I've always found sailing to be something I could talk about for hours, and even though I taught sailing to kids in high school, I wasn't super enthusiastic about racing in college. One day in the spring of last year, I was talking about a math course with our captain, Elizabeth, and we started talking about sailing. She convinced me to try it out, and I'm so glad I did! I've learned so much about what college sailing is like and have found racing with the team extremely exciting.

### *What is your favorite memory from sailing this season?*

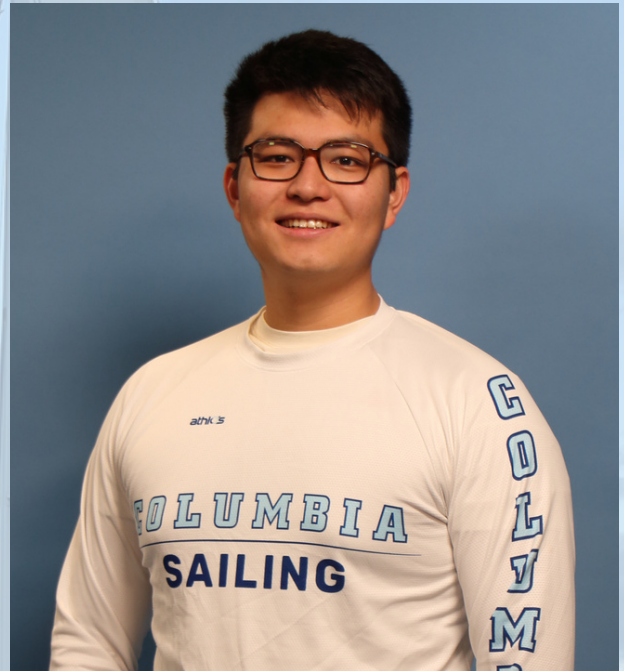
This fall, we flew to South Carolina for a regatta, and it was so beautiful. While the actual sailing conditions were questionable... we were coming in one day and saw dolphins swimming alongside our boats. It was a Disney moment for sure.

### *What are you most excited about for next season?*

While regattas are their own breed of stressful fun, I'm honestly just excited to get back to practice. Sometimes it's hard to get off campus, especially when classes start to pick up, but just being able to leave the city for a few hours a week to sail on the water makes such a positive difference on my weekly routine. I'll also be able to drive the van to practice now, so no more getting car sick in the back!

# SAILOR SPOTLIGHT

## SAM TANG



***Why did you join Columbia Sailing?***

**I joined Columbia Sailing to rediscover my passion for sailing. I was also looking for friends and found a great community!**

***What has been your most rewarding moment on the water so far?***

**During the IOR, our spin sail jammed, and we worked hard to recover from the situation. That ended up being one of our better races because we didn't have to worry about the spin sail after. Besides that, the feeling of getting closer with my teammates and being more and more excited for each practice.**

***What do you enjoy most about being part of the sailing team?***

**Having a close community of passionate people to go out on the water during the week and anticipating the awesome team social events planned for the weekends.**

# 2026 BOARD

## PRESIDENT



**ELIZABETH FROST**  
HOMETOWN: CHICAGO, IL  
MAJOR: APPLIED MATHEMATICS  
SCHOOL: CC '27

## VICE PRESIDENT



**EVA DECASTRO**  
HOMETOWN: EVANSTON, IL  
MAJOR: ECONOMICS  
SCHOOL: BC '28

## TREASURER



**GIULIO BASILICO**  
HOMETOWN: BROOKLYN, NY  
MAJOR: MECHANICAL ENGINEERING  
SCHOOL: SEAS '27

## SECRETARY



**AMELIA THOMAS**  
HOMETOWN: CHEVY CHASE, MD  
MAJOR: HISTORY AND LINGUISTICS  
SCHOOL: BC '27

# 2026 BOARD

## ALUMNI CHAIR



**ALEX CHING**  
HOMETOWN: HONG KONG  
MAJOR: APPLIED PHYSICS  
SCHOOL: SEAS '28

## EVENTS COORDINATOR



**ELLE SUGIMOTO**  
HOMETOWN: O'AHU, HI  
MAJOR: ARCHITECTURE  
SCHOOL: CC '29

## COMMUNICATIONS CHAIR



**RAINA JAEGLI**  
HOMETOWN: DALLAS, TX  
MAJOR: ENVIRONMENTAL SUSTAINABILITY  
SCHOOL: BC '28

## MERCHANDISE CHAIR



**ANDREW SPARKS**  
HOMETOWN: WELLESLEY, MA  
MAJOR: COMPUTER ENGINEERING  
SCHOOL: SEAS '27

# 2026 BOARD

## CO-SOCIAL CHAIR



**REID HU**

HOMETOWN: SEATTLE, WA  
MAJOR: ECONOMICS AND PHILOSOPHY  
SCHOOL: CC '28

## CO-SOCIAL CHAIR



**KAI GREENLEE**

HOMETOWN: WAIKOLOA, HI  
MAJOR: BIOMEDICAL ENGINEERING  
SCHOOL: SEAS '29

## SAFETY OFFICER



**JAKE MILLER**

HOMETOWN: AUSTIN, TX  
MAJOR: ENVIRONMENTAL BIOLOGY  
SCHOOL: CC '27



# ANNUAL GIVING

## SUPPORT OUR SAILORS

One main function of our alumni network is to drive the financial support of our sailing team! Currently, we are relying on alumni donations to travel to competitive regattas across the nation and pay our coaching staff. Every single gift helps us achieve our goals. If you would like to support the team, refer to the instructions on the following page or email Alex at [asc2282@columbia.edu](mailto:asc2282@columbia.edu)

\$15,320

\$20,000!

## POTENTIAL IMPACT:

Deckhand

Up to \$250

Provides transportation for one sailor to attend a week of practices and regattas.

Captain  
Sponsor

\$250+

Helps purchase expensive gear such as drysuits and spray gear for new sailors to borrow while first learning the sport.

Commodore  
Sponsor

\$1000+

Repairs and outfits our boats and covers hotels and transportation for weekend regattas, preventing added costs for our sailors.

Grand Admiral  
Sponsor

\$5000+

Provides the team with new sails for the boats and flights to and from national-level regattas.

Ordo Leonis

\$10,000+

Supports our most ambitious initiatives, such as purchasing a new fleet of boats and hiring a full-time coaching staff; ensuring the longevity of the team for years to come. You will be commemorated on our website in perpetuity.

# GIVING DAY UPDATE

## Thank you to our donors!

### Grand Admiral:

- J.C. Zucconi

### Captain:

- Ellen and Jay Werb
- Steven Davis
- Wilson Jaeggli
- Jane Piercy
- Jessica Manyan
- Adam DeVita
- Samar J
- George Miller
- Jeffrey Stracka
- Kathia Camacho-Aponte
- Jane Kraynak
- Eric Frost

### Commodore:

- John V. Vincenti

### Deckhand:

- Alexander Vincenti
- Ashley Garcia
- Guy Stroud
- Peter Koncz
- Arielle Rieder
- Connor Song
- Lauren Festa
- Alex Yuen
- Chase O'Malley
- Giulio Basilico
- Don Lewis
- Paul Stegmann
- Elaine Kharbanda
- Kristine Frost
- Alex Randall Kittredge
- Steven Sun
- Alison Keenan
- Michelle Edelstein
- Lydia Frost
- Kelsey Burns
- Elizabeth Frost
- William Frost
- Tracy Stroud
- Mark Festa
- Haley Collins
- Amine Itani
- Gabriele Moravec
- Chris Jackson
- Conor Cashel
- Arthur Ensroth
- Zhiqiang Sun
- Jonathan Frost
- Elena Keller
- Nelson Jaeggli
- Hollis DeLeonardo Vandamme
- Isaac Bauer
- Antonio Festa
- Susan and William Sparks
- Rick de los Reyes

# ANNUAL GIVING

## Make A Donation

[DONATE HERE](#)

### For Online donations:

1. Go to the Columbia University Home Page and click on "Giving" on the right hand side
2. Click on "Make A Gift"
3. Under Search Columbia Funds: enter "Sailing Club Gift"
4. Enter a gift amount then click "Add Gift"
5. Answer "Would you like to make this a recurring gift?"
6. Enter contact information
7. Enter payment information

### For Check Donations:

1. Checks need to be made payable to "Columbia University"
2. In the memo section of the check ask them to write in "donation to" - Sailing Club Gift
3. Make sure a name and address is on the check
4. Mail the checks to **Dodge Fitness Center c/o Brian Jines  
3030 Broadway, MC 1923 New York, NY 10027**
5. If the club is collecting checks at an event, fill out a Gift Account deposit sheet and submit it with the checks to the Club Sports Office.

# PHOTO GALLERY



**CLUB FAIR**



**BAILOR MAKING**



**MATCH RACING**



**FRIDAY PRACTICE**



**SUBWAY RIDING**



**AWARDS CEREMONY**

**CONNECT WITH US TO SEE MORE!**

