

COLUMBIA SAILING **MAINSHEET**



Spring 2025

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- A background image showing several sailboats on a body of water under a blue sky with light clouds. The sailboats have white sails with orange and red accents. The water is calm with gentle ripples.
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A LETTER FROM OUR CAPTAINS

Dear Columbia Sailing Community,

THE LIONS ARE BACK! This season the team performed exceptionally well against the best teams in MAISA. At the beginning of the season our goal was to qualify for the America trophy, and our sailors delivered. Our women's team also showed tremendous growth, picking up another regatta win for the club and sailing well at MAISA Women's.

Many of you remember the challenges that the team faced the past few years, but this year our community has worked hard to overcome them. Our success would not have been possible without our dedicated alumni and parents, who's support has truly reshaped this club.

We have been captains of this team for two years, and we have witnessed first hand how much community support means to the team. Leading this team back to the top has been our great privilege, and we are so excited to head into our last semester as captains.

We are looking forward to more improvements and developments over the summer, as we proceed with our goals of being ever more competitive and reconnecting our community. We look forward to seeing everyone on the water with us and at events, and we hope that you share in the pride that we have for this team and its accomplishments. On behalf of Columbia Sailing, we would like to thank you for your continued support, and we hope you enjoy the pictures and stories from our spring season!

ROAR LIONS!

Sincerely,

Alexander Vincenti

& Chase O'Malley

Co-Captains of Columbia Sailing

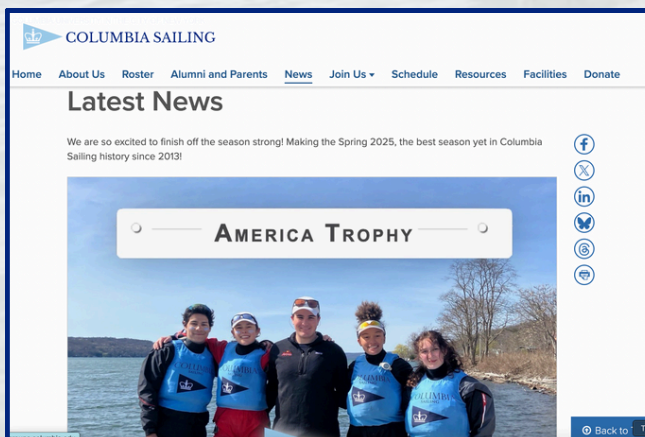


WEBSITE LAUNCH

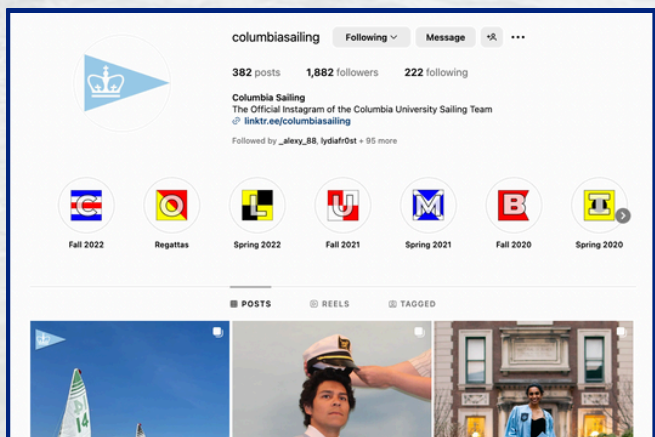


[Check out our newly launched website!](#)

Stay up to date with our regattas, events, and other news regularly by visiting our website and following our instagram here.



NEWS



INSTAGRAM

SPRING 2025 RECAP

We launched our spring season with The Annual on February 22nd at Chelsea Piers, where alumni, parents, and friends gathered to support and celebrate our team. This event set the tone for what became one of the most exciting and successful spring seasons in recent memory.

Over the course of the season, we competed in six regattas—including the Women's and Co-ed MAISA Championships—achieving results that mark our strongest performance in over a decade. Notable highlights include a top-10 finish at the MAISA Women's Spring Dinghy, a third-place overall and A-Fleet victory at The Grant, and a 15th-place finish at The America Trophy, with A-Fleet peaking in the top five. These accomplishments speak volumes about our growth as a team and hint at the even greater potential we are poised to realize in the coming seasons.

From early March through the beginning of May, we trained relentlessly—holding practice four days a week for forty dedicated club members. Whether in heavy breeze or light air, rain or shine, we maximized every opportunity to be on the water. Off the water, our community stayed strong with activities like Riverside Park runs, hiking competitions, knot-tying tournaments, and chalk talks on campus.

Building on the momentum from the fall, we pushed ourselves to compete at the highest level of collegiate sailing. None of this would have been possible without the incredible support from the Larchmont Yacht Club, our alumni, parents, Coach Loghlen, and Columbia Club Sports. Your encouragement and generosity helped fuel a season of progress and pride.

We're already looking ahead with excitement. With this season's achievements as our foundation, we are ready to train harder, sail faster, and set our sights even higher for the fall.

With gratitude and determination,

Elizabeth Frost

Vice Captain of Columbia Sailing



SPRING 2025 RECAP



Elizabeth Frost ('27) and Tara Sangal ('25) compete at the MAISA Women's Spring Dinghy Regatta.

Alexander Vincenti ('26) and Jake Miller ('27) rig at the Stony Brook Spring Open.



Tara Sangal, Eva DeCastro ('28), Alex Vincenti and Alex Yuen ('25) run in Riverside Park.



Elizabeth Frost
and Alex Yuen
celebrate their
win at The Grant.

Alex Vincenti
speak at the
Annual
Fundraiser
held at
Chelsea Piers.



Samuel Tang ('26),
Alex Yuen, and
Benny Yang ('25)
sail an Ideal 18 at
practice.

COACH'S LETTER

Dear Columbia Sailing Community,

As the spring 2025 season comes to a close, I want to take a moment to reflect on the progress, challenges, and accomplishments of our sailors over the past few months. This semester brought both growth and learning opportunities as we competed across a variety of regattas throughout the MAISA conference.

Our spring schedule included a mix of fleet and team racing events, ranging from fundamental-level regattas to high-stakes conference championships. Here's a look at some of our key performances:

- Seawolf Women's Open - A standout win and a strong start to the season.
- Admiral Moore Team Race - A tough event that offered valuable team racing experience against top-tier competition.
- MAISA Spring Women's Fleet Race Championship - A strong showing in a deep and talented field of women's teams.
- Stony Brook Cup - Excellent consistency and composure from our sailors.
- The Grant - A notable performance highlighting the depth of our roster.
- America Trophy - MAISA Conference Championship @Cornell (Apr 19): 15th / 18 - While the final score wasn't what we hoped for, qualifying for the America Trophy reflects our continued presence at the top level of collegiate sailing in the region.

This semester was defined by a group of sailors who showed up consistently, embraced their roles, and pushed themselves on and off the water. Our victory at the Seawolf Women's Open and top-three finishes at both the Grant and Stony Brook Cup demonstrated the team's progress, particularly among our underclassmen. The team also gained critical exposure in more competitive environments such as the Admiral Moore Team Race and the America Trophy. We are especially proud of the strides made by our women's team and developing sailors. Their growth has not only contributed to our immediate results but also lays a strong foundation for the seasons ahead.

Looking forward to the fall, our focus will remain on building upon the great foundation we set this year. We'll also continue developing leadership within the team to maintain and grow a positive, competitive culture.

Thank you to our graduating seniors for their leadership and dedication to the program. Your commitment has helped shape Columbia Sailing, and we are excited to carry that momentum forward. Most importantly, thank you to our alumni, families, and friends for your ongoing support. Your encouragement makes a world of difference to our athletes and this program.

Sincerely,

Loghlen Rickard

Head Coach of Columbia Sailing

SAILOR SPOTLIGHTS

Chase O'Malley

Chase O'Malley (CC '26) joined Columbia Sailing in the fall of 2022 in his freshman year, and has since made outstanding contributions to the team. He learned to sail in middle school and highschool, and raced for one of the most competitive teams in the country. At Columbia, he was first elected as Co-Vice President in his freshman year, and has been Co-President since November 2023. During his presidency, he was able to get the Columbia Sailing Club back on the water and training, moved us to the prestigious Larchmont Yacht Club, took us to eleven regattas, organized two successful annual fundraisers, and reconnected with many long lost alumni.



"Columbia sailing has been a major part of my Columbia experience over the past three years. From the first time I met the team outside of John Jay dining hall my freshman year, to having the privilege of serving as the teams VP and later Co-President with one of my closest friends Alexander Vincenti, this team has become my family here at Columbia. I'm grateful for the many memories I've made with this team, from getting milkshakes at The FREEZE more than we should have, to the many Friday nights in ECYC 506. I've gotten to travel across the country for regattas, representing Columbia in Austin, TX, Ithaca, NY, and even right up the road at SUNY Maritime. Through all the late nights with the board and the many, many practices at Huguenot and Larchmont, I've met so many wonderful people through this club. As I approach my last year with the team, I'm excited to see the promising lineup of sailors that will be here long after I graduate, and I can't wait to see how far the lions go!

Chase O'Malley

Co-President of Columbia Sailing



SAILOR SPOTLIGHTS

Amelia Thomas

Amelia Thomas (BC '27) joined Columbia Sailing in the fall of 2023, and has since served as the Events Coordinator and Secretary. Amelia learned to sail in DC, organizing a mixed group of high school sailors to compete in regattas throughout the region. At Columbia she is a dedicated member of the race team, leading us to compete at the high level of College sailing in both Women's and Co-Ed fleets. Additionally, she led the management efforts for the first Annual fundraiser at Chelsea after a year hiatus, raising 13k, and reconnecting with over a hundred alumni, friends, and parents.



"At the end of my freshman fall semester, I decided to run for the position of events coordinator on the Columbia Sailing board. I had loved getting to know everyone on the team during my first few months of college, and was excited to get more involved. I had no idea what the position would entail, and certainly none of the experience that an events coordinator should have, but I stuffed my campaign slideshow with colorful pictures and dizzying transitions nonetheless. When I walked into Hamilton 717 ready to fight for my place on the board, I discovered that nobody else was running for events coordinator, and thus my saga began. Just a few months out from the 2024 Annual Fundraiser, me and my lack of discernible skills set about planning an event that would reflect the perseverance and potential of a club in otherwise challenging circumstances. Following a brief (not brief) sprint through Morningside Heights in heels, I made it to the Anny, and we put on our most successful fundraiser in 5 years! Hooray!

The following Fall, we finally made it to Larchmont, where we managed to get boats in the water, and then people in boats in the water! We finally got practices up and running again, and as our club grew, I realized we were building an incredibly special community. Over my past two years with Columbia Sailing, I've watched our dramatic rise from non-operational to one of the largest and most vibrant club sports on campus. I've been able to attend more regattas, and have seen myself and my teammates improve as the race team has grown closer. Given how much we have been able to accomplish in just two years, I can't imagine what the team will look like another two years from now when I leave Barnard and enter the adult world. Go lionesses!"



Amelia Thomas

Secretary of Columbia Sailing

REGATTA HIGHLIGHTS



MAR 1
1st
Place

SEAWOLF
WOMEN'S

Stony Brook

ADMIRAL
MOORE TR
New York Maritime

MAR
22/23
8th
Place



MAR
29/30
10th
Place

MAISA
WOMEN'S
SPRING OPEN

Navy

REGATTA HIGHLIGHTS



**MAR
29/30
2nd
Place**

STONY BROOK CUP

Stony Brook

THE GRANT

**Old Dominion
University**

**APR
12/13
3rd
Place**



**APR
19/20
15th
Place**

THE AMERICA TROPHY

Cornell



UPCOMING EVENTS

Stay tuned for events coming up this summer and fall!



SailGP is coming to NYC on June 7-8 for some exciting racing! We plan to get club members together to watch some racing and hang out on Sunday.



Alumni mixers in June and July!
(Photo from alumni meet up in Feb 2024)



Hamilton - Burr Regatta this fall! Stay tuned.

CONNECT WITH US

As we reflect on the past semester, we are filled with gratitude for the continued support of our alumni, friends, and families. Thanks to you, Columbia Sailing has not only been able to continue to succeed on the water, but we've also made sailing a more accessible sport for our student body. This year marks an exciting milestone — our move to Larchmont Yacht Club, which opens a new chapter in our journey. We are excited about the opportunities this new home offers for growth and success.

We want to bring back old traditions and start new ones! Please share photos from your years with Columbia Sailing through our website or by email so we can keep adding to our media archive on the website for everyone to see!

MEDIA ARCHIVE

Secondly, we will start alumni spotlights, so please nominate your fellow sailors!

ALUMNI SPOTLIGHT

Lastly, if you would like to become a corporate sponsor, we would love to partner with you! Reach out to Mark Festa, our Alumni Chair, to coordinate sponsorship, and we can't wait to be repping your logos!

 maf2331@columbia.edu

ANNUAL GIVING

SUPPORT OUR SAILORS

One main function of our alumni network is to drive the financial support of our sailing team! Currently, we are relying on alumni donations to be able to hire a full-time coach and provide reliable transportation to practice. Every single gift helps us achieve our goals. If you would like to support the team, refer to the instructions on the following page or email maf2331@columbia.edu

\$2,305

\$25,000!

Potential Impact:

Deckhand

Up to \$250

Provides transportation for one sailor to attend a week of practices and regattas.

**Captain
Sponsor**

\$250+

Helps purchase expensive gear such as drysuits and spray gear for new sailors to borrow while first learning the sport.

**Commodore
Sponsor**

\$1000+

Repairs and outfits our boats and covers hotels and transportation for weekend regattas, preventing added costs for our sailors.

**Grand Admiral
Sponsor**

\$5000+

Provides the team with new sails for the boats and flights to and from national-level regattas.

Ordo Leonis

\$10,000+

Supports our most ambitious initiatives, such as purchasing a new fleet of boats and hiring a full-time coaching staff; ensuring the longevity of the team for years to come.
You will be commemorated on our website in perpetuity.

ANNUAL GIVING

LET'S GET OUR BOAT TO THE FINISH LINE!



ANNUAL GIVING

Make A Donation

[DONATE HERE](#)

For Online donations:

1. Go to the Columbia University Home Page and click on "Giving" on the right hand side
2. Click on ["Make A Gift"](#)
3. Under Search Columbia Funds: enter "Sailing Club Gift"
4. Enter a gift amount then click "Add Gift"
5. Answer "Would you like to make this a recurring gift?"
6. Enter contact information
7. Enter payment information

For Check Donations:

1. Checks need to be made payable to "Columbia University"
2. In the memo section of the check ask them to write in "donation to" - Sailing Club Gift
3. Make sure a name and address is on the check
4. Mail the checks to **Dodge Fitness Center c/o Brian Jines 3030 Broadway, MC 1923 New York, NY 10027**
5. If the club is collecting checks at an event, fill out a Gift Account deposit sheet and submit it with the checks to the Club Sports Office.

STAY CONNECTED

Email

Website

Instagram

Facebook

Linktree