

COLUMBIA SAILING MAINSHEET



SPRING 2026

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- The background of the page is a photograph of several sailboats on a body of water. The sails are white and feature the word "COLUMBIA" in large, bold letters. The boats are white hulls with black trim. The water is dark blue with white foam from the boats' wakes. The sky is a pale blue with some light clouds. The overall tone is professional and nautical.

CAPTAIN'S LETTER

Dear Columbia Sailing Community,

This year has been an exciting year for Columbia Sailing! We qualified for Women's Fleet Race Nationals, our first national event in 14 years! This was only possible because of the dedication of our sailors, coaches, and executive board, and the generous support from parents, alumni, and friends. Since joining the team in my freshman year, I've had the opportunity to see this team take off, celebrate regatta victories, and set records we could have never thought possible, and also be there at our lows. Throughout the year, I've learned how important resilience is, especially with the many hurdles we have worked through as we rebuilt the program.

Coach Loghlen has done an amazing job of creating a robust practice schedule for the race team and hired two assistant coaches to help with technique and teach our learn-to-sail program. He also spearheaded the Regional Teams Championship, a regatta we hosted this semester, for the first time in over a decade, on the same weekend as our Annual event. The regatta was a huge success as we had teams fly in from all over the country, and we raised over \$12,900 at The Annual!

Thank you to all of the staff at Larchmont Yacht Club who have continued to volunteer their time and resources to help us. And thank you to all of our alumni who have reconnected with us in the past couple of years, and who continue to show up and support us as we aim to secure the longevity of our success.

I look forward to competing at nationals this week, and I am so excited for what the future holds for this team as we continue to push ourselves on the water and make sailing accessible for everyone in the Columbia community! Go Lions!

Cheers,
Elizabeth Frost
Captain of Columbia Sailing

SPRING 2026 RECAP



STONY BROOK TEAM RACE 4TH PLACE

Coach Yuen, Alex Ching '28, Raina Jaeggli '28, Elizabeth Frost '27, Youda Lin '29, Alex Vincenti '26, and Giulio Basilico '27 smile after a long day of team racing

DIAMONDBACK WOMEN'S FLEET RACE 2ND PLACE

Amelia Thomas '27, Stella Manyan '27, Wren Greeley-Havard '28, and Eva DeCastro '28 achieved 2nd place in both A and B division



EMILY WICK WOMEN'S FLEET RACE 7TH PLACE

Elizabeth Frost and Stella Manyan finished the regatta in an impressive 2nd place in B division, out of 15 teams

SPRING 2026 RECAP



AMERICA TROPHY 13TH PLACE

Our sailors pose for the camera after a challenging but rewarding day of racing at St. Mary's College of Maryland

2026 ROBERT PURRINGTON AWARD ALEX VINCENTI

Congratulations to Alex for winning this MAISA award, which is given to a senior who has made outstanding contributions in sportsmanship, competing, and promoting the sport of sailing



ISCA REGIONAL TEAMS NATIONAL INVITATIONAL 5TH PLACE

Eva DeCastro and Chase O'Malley '26 pose for the camera after winning B division, finishing Chase's Columbia Sailing career with two bullets

WOMEN'S NATIONALS

This year we attended the ICSA Women's Fleet Race Nationals for the first time in 14 years! A huge accomplishment for this team, this moment is a testament to the tremendous hardwork of everyone on the team. We had an amazing time in St. Petersburg, Florida, and got to compete against the best teams in the country!



Huge shoutout to Eva DeCastro ('28) and Raina Jaeggli ('28) for getting two bullets!

ISCA LEADERSHIP AWARD

Past captain Alexander Vincenti won the ICSA James Rousmaniere Award for Student Leadership and the MAISA Purrington Award! He will be the first sailor at Columbia to ever be inducted into the ICSA Hall of Fame. This is an incredible achievement for him and for our team. Everything about the award is detailed [here on the ICSA Hall of Fame website](#).



Alex was a driving factor in partnering Columbia Sailing with Larchmont, and has co-captained the team for two years, building membership, establishing strong relations with the university, and reconnecting with our alumni. Without Alex, we wouldn't have the team or the success we have today. He truly has the lion's heart and we are so proud!



ALL-ACADEMIC SAILORS

This year, we had five of our sailors receive the ICSA All-Academic Awards! This is the most Columbia has ever received in the history of College Sailing! The criteria for this award are as follows:

“The ICSA All-Academic Dinghy Team is nominated each spring to recognize high-impact student-athletes that participate as competitors or alternate in 7 or more regattas over the school year while maintaining a Cumulative GPA of 3.4 or higher, demonstrating excellence on the water and in the classroom.”



**Stella
Manyan
CC '27**



**Elizabeth
Frost
CC '27**



**Amelia
Thomas
BC '27**



**Alexander
Vincenti
CC '26**



**Giulio
Basilico
SEAS '27**



SAILOR SPOTLIGHT

RAINA JAEGLI



Why did you join Columbia Sailing?

"I joined Columbia sailing at the beginning of my freshman spring. I was looking to get more involved on campus after not having found a strong community in the fall. I had some sailing experience but had never sailed in dinghies like the 420s or FJs, so I was pretty nervous going into my first practice. I ended up having a great time the first time I went to Larchmont, and after sailing with Tara and experiencing how welcoming everyone on the team was, I was excited to get more involved."

What are some valuable lessons you learned on and off the water from sailing?

"Over the past year, sailing has taught me how to be comfortable going into an experience where you know nothing. I feel like I was able to learn as much as I have and eventually join Columbia's race team because I accepted how much I could learn from others. Joining sailing as a new crew is a great exercise in learning from many different types of people. I try and come into practice seeing how much I can learn from each different skipper, and the accumulation of information I've learned from different members on our team has made me the sailor I am today."

What are you most excited about for next season?

"I'm super excited for next season, I think our team has great momentum right now and has started to really establish a competitive culture. This past spring has been my favorite season yet of sailing, and I'm excited to continue to practice and race with people I consider my really good friends."

SAILOR SPOTLIGHT

YOU DA LIN



Why did you join Columbia Sailing?

"I joined Columbia Sailing because I'd kayaked a lot while I was in Singapore, but got tired of paddling and wanted to try something different, while still staying on the water. Also, Pirates of the Caribbean is super cool."

What is your favorite memory from sailing so far?

"I have so many good memories sailing, it's hard to pick just one! Racing at the SBU 2 vs 2 was exhilarating, and I learned so much from Ching, Elizabeth, Yuen, Vincenti, and the others. My first time skippering with Haven, Elle, Elizabeth, and Kai was definitely a memorable/near-death experience as well!"

What are you most excited about for next season?

"Can't wait for the warm summer weather (no more drysuits!) and the chance to get better at hiking and racing. I'm excited to get back out on the water and to learn as much as I can."

ANNUAL GIVING

SUPPORT OUR SAILORS

One main function of our alumni network is to drive the financial support of our sailing team! Currently, we are relying on alumni donations to travel to competitive regattas across the nation and pay our coaching staff. Every single gift helps us achieve our goals. If you would like to support the team, refer to the instructions on the following page or email Alex at asc2282@columbia.edu

\$30,264

\$45,000!

This year we have raised \$30,264! Our goal is to reach \$45,000 to pay for travel costs (normally 10k per season) and our larchmont contract (20-30k per year), help us reach that goal by coming a Founder or making a donation. We appreciate all of the support we can get!

BECOME A FOUNDER

Make a promise to donate a certain amount in your lifetime and become a founder of the Columbia University Sailing Team. We will honor your contributions by perpetuating you on our website.

HOW TO BECOME A FOUNDER

1. Reach out to our Captain Elizabeth Frost at emf2223@columbia.edu and indicate how much you are willing to commit to.
2. Make your donations and keep track of your progress through our update emails!
3. Become a perpetuated donor of Columbia Sailing through name recognition!

ANNUAL GIVING

Make A Donation

DONATE HERE

For Online donations:

- 1. Go to the Columbia University Home Page and click on “Giving” on the right hand side**
- 2. Click on “Make A Gift”**
- 3. Under Search Columbia Funds: enter “Sailing Club Gift”**
- 4. Enter a gift amount then click “Add Gift”**
- 5. Answer "Would you like to make this a recurring gift?"**
- 6. Enter contact information**
- 7. Enter payment information**

For Check Donations:

- 1. Checks need to be made payable to “Columbia University”**
- 2. In the memo section of the check ask them to write in “donation to” - Sailing Club Gift**
- 3. Make sure a name and address is on the check**
- 4. Mail the checks to Dodge Fitness Center c/o Brian Jines 3030 Broadway, MC 1923 New York, NY 10027**
- 5. If the club is collecting checks at an event, fill out a Gift Account deposit sheet and submit it with the checks to the Club Sports Office.**

PHOTO GALLERY



First Practice



Capsize Testing



Van Driving



ROARing



Skyline Sailing



The Annie

Connect with us to see more!

