

# KNOTS

## Figure 8 Knot

[Video link](#)

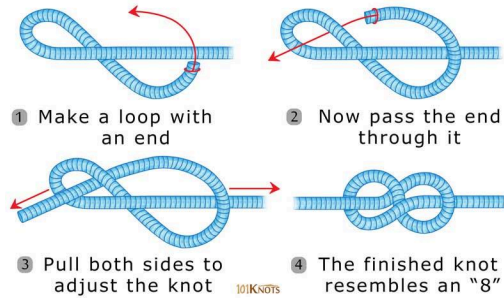
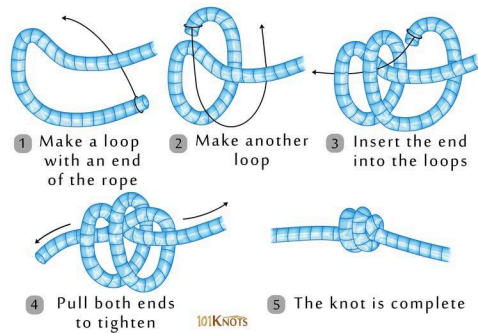


Figure 8 knots are used as "stopper knots" and are used on one side of a hole to prevent rope from sliding through

## Barrel Knot

[Video link](#)

### Barrel Knot Instructions

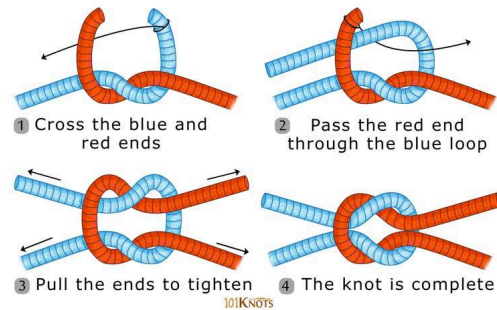


Barrel knots are stopper knots and are used on one side of a hole to prevent rope from slipping through.

## Square Knot

[Video link](#)

### Square (Reef) Knot Instructions

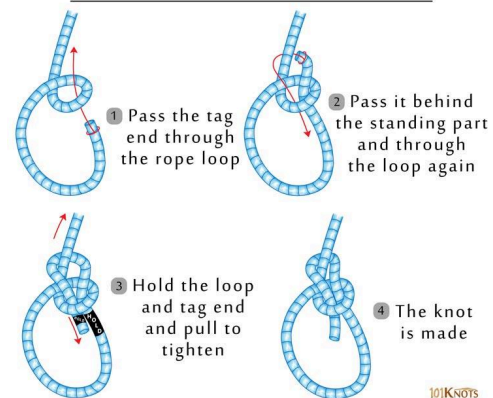


Square Knots are used to tie two piece of rope together (when they are the same diameter)

## Bowline

[Video link](#)

### Bowline Knot Directions



Bowlines are used to tie loops