

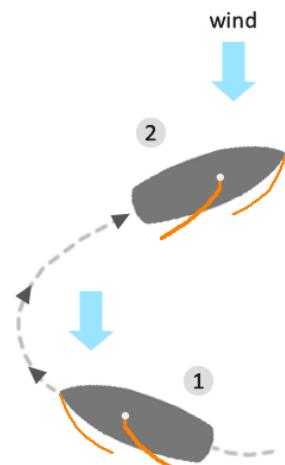
TACKING AND JIBING - Sailing Maneuvers

Tacking

- Tacking is more common than jibing since it involves turning the sailboat directly into the wind.
- Tacking is a sailing maneuver that is the opposite of a jibing turn.
- During a tack, the **bow of the sailboat sails into the wind**.
- Tacking is how you head upwind, pointing as high into the wind as possible, to keep the sails full.

How to:

- Say “ready to tack” to alert your crew.
- Say “tacking” as you start turning the boat into the wind.
- Keep turning the boat as the sails begin to luff.
- Release the jib sheet, while the crew and the skipper switch sides.
- Trim the new jib sheet.
- Keep turning until your sails are full on your new tack.



Jibing

- Jibing is a sailing maneuver that is the opposite of a tacking turn.
- During a jibe, the boat's **stern crosses through the wind** rather than the bow.
- A jibe is conducted when you are heading downwind.

How to:

- Say “ready to jibe” to alert your crew.
- Say “jibing” as you start turning the boat away from the wind.
- Pull the main over to the new side.
- Let the main out on the new jibe.
- Trim the jib on the new leeward side.

